Registration Form Deadline: **Friday, December 20, 2019**

Please complete this registration form and return to:

Your School Advisor or YIA Coordinator or mail/fax to:

County Extension Office Youth in Action 201 S. 3rd Ave. W. or Virginia, MN 55792 FAX (218) 749-0698 County Extension Office Youth in Action 2503 Rice Lake Road Duluth, MN 55811

QUESTIONS:

Taryn Burnett - (218) 966-9061 Tyler Erickson - (218) 733-2870 Angela Zavodnik - (218) 780-9109 Elise Rigney - (218) 733-2870 Sarah Westerberg - (218) 471-7598

Please PRINT Clearly

Student Name	Student Phone #
School Name	Grade
Parent/Guardian Name	_Parent/Guardian Phone #
Emergency Contact	Emergency Phone #
I consent that I will commit to <u>Make a Difference</u> at this conference notified my teachers I will be missing school by receiving my a	
Student Signature	
You will be attending 3 workshops. Please rank your selections below, 1 - 8, with 1 being your first choice and so on. If nothing is indicated, workshops will be randomly selected for you.	
VAPING: What you need to know	Circle Your T-Shirt Size
LEAPS & BOUNDS: Stepping out of your comfo	uccess
YOGA & MINDFULNESS: Focusing on mind, I	body, and soul XXL XL
NATURAL REMEDIES: Alternative options to	keep you healthy $f L$
MENTAL HEALTH IN TEENS: Strategies for of 2020 VISION: What is your theme?	coping
HUNTING FOR THE GOOD LIFE: Can you find what it takes to have a good life?	
Lunch will be provided. If you require a special meal, please check one of the options below: VEGETARIAN & VEGAN GLUTEN FREE	